

**11th February 2018 - Sunday Next Before Lent**



The Transfiguration of our Lord

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## WELCOME

**Welcome to our services today:** Please join us for refreshments after the 9.30am service (currently these are at the back of church at St Mary's and in the Parish Room at St Paul's). If this is your first visit to us then please make yourself known to one of the Clergy or a Welcomer.

**Communion:** All are welcome at the Lord's Table. If you do not usually receive the Bread and Wine please come forward and bow your head for a prayer of blessing.

**Gluten Free Wafers & Alcohol Free Wine** are available, please speak to a Churchwarden or Welcomer before the Service.

**Giving:** Please join our stewardship scheme, and either give via standing order or by the special envelopes provided. If you are a UK tax payer please also complete a GiftAid form so we can claim a refund from the Government. Please ask a Welcomer for an information pack. If you are a part of the Planned Giving Scheme paying by standing order, please remember to collect a mini-card before the Service to place in the collection.

**Sound System:** There is a loop system in operation, please set your hearing aid to 'T' and adjust the volume as necessary.

## PRAYERS

If you would like a prayer said with you after the service - or at any other time - please speak to one of the Clergy. (At St Mary's prayers are available in the Chapel of the Holy Spirit, to the left of the altar, once you have received Communion).

## Readers & Intercessors

Today	Readers	Intercessor
St Mary's	Valerie Beller Jenny Leslie Jenny Bowes	Brian Doran
St Paul's	Pauline Picton	Revd Rickey
Hymns	St Mary's	St Paul's

Next Week	Readers	Intercessor
St Mary's	Norman Quail Norma Podmore Philip Russell	Ena Hartland
St Paul's	Julie Pollard	Fergus Maclean

### **Please continue to remember in your prayers:**

**Anglican Cycle of Prayer:** The Anglican Church of Canada; Frederick Hiltz, Primate of the Anglican Church of Canada

**Our Diocese:** Barnet, Chipping Barnet: Thanksgiving: For the members of the church and the community they serve

### **Our Deanery: The Parish of Boxmoor**

Please Pray for: Fr Benjamin, in his third year of curacy, as it draws to a close and as he prepares for pastures new  
Please give thanks for: Our work with young people and families, especially Tiny Tots and Junior Church

### **Churches Together in Hemel Hempstead Prayer Calendar**

For all Christians and churches as they prepare for the period of Lent.

### **Those who have asked for our prayers:**

Karen Coker, Peter Elphick, and all those known to us.

### **Those with long term illness and all who care for them:**

Sister Antoinette, Debbie Barnes, Rachel Halsey, Clive Hunt, Brian Laidlaw, Nancy Parry, Frank Pitkin, Jeane Pitkin, Olivia Rose, David Shaw, Vera Willmore.

### **Those who have died:**

John Cooley, Edna Hawkes, Dominic Monaghan

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**INTINCTURE:** Whilst the 'flu virus is about please make sure that if you dip the wafer into the wine at Communion your fingers do not come into contact with the wine or chalice. All are reminded that receiving Communion in one kind only is recommended if you have 'flu or cold symptoms.

**Bereavement ministry course** There will be a Bereavement ministry course (one day course) being offered soon in our deanery for those interested in becoming involved in a ministry of support to people following a bereavement. The date of the course is still to be decided – but the Rural Dean, Lizzie Hood has asked whether we would like to take part in this training. I am planning on attending. If you would like to come along and join me in this training or would like to have more information about what is involved with bereavement visiting, please get in contact with Reverend Caroline asap [revcaroline@stmaryshemel.org.uk](mailto:revcaroline@stmaryshemel.org.uk) or 01442 834291

**Intercessory Prayer and Health** What happens to the human body when we pray for healing? Intercessory prayer as a treatment for illness has been studied scientifically, with some remarkable claims. Rev Professor Nick Goulding explores this fascinating and controversial area. Monday 19th Feb at 7.30 in The Church of the Resurrection, Grovehill.

**Ash Wednesday and Lent** Please return last year's Palm Crosses to church next Sunday so that they can be burnt to generate the ash for Ash Wednesday 14th February.

**Ash Wednesday** There will be a 10.30am and 8pm service of Holy Communion with imposition of ashes at St Mary's on Ash Wednesday. St Paul's will host the 8.00pm next year. Do take a Lent Flyer away with you and attend one of the Lent Courses.

**The Hemel Hempstead service for the Women's World Day of Prayer** will take place at Our Lady Queen of All Creation Church, Rant Meadow HP3 8PG at 11 am on Friday 2nd March. If anyone is going and would be willing to do a reading, please contact Diana Spink.

**Tuesday Communion** We are looking to reintroduce the 8.00am Tuesday Communion service at St Mary's (initially once a month). If you would be interested in this service (and might attend) or would prefer a different time (early morning or late evening during the week) for a service please speak to Canon John.

### **Diary Dates**

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|-----------|--|
| 22 Apr,   | Annual Parochial Church Meeting                              |
| 5 May,    | 8.00pm 'Infinite Jazz' at St Paul's                          |
| 10 May,   | Evening, Hemel Hempstead Deanery Service at St Mary's Apsley |
| 7-10 Jun, | Art in the Nave at St Mary's                                 |
| 29 Jun,   | 8pm 'Canapes and Good Time Jazz' at St Paul's                |
| Date TBA, | Friends of St Mary's Annual Barbeque                         |
| 1 Sep,    | Midday Langa Township Pre-School Trust Braai                 |
| TBA Sep,  | 6.30pm St Mary's Patronal                                    |
| 28 Sep,   | 8pm 'Mississippi Swamp Dogs' at St Mary's                    |
| 24 No     | 10.00am Parish Fair at St Paul's                             |
| 1 Dec     | 7.00 pm LTPT Christmas Party at St Paul's                    |

# Parish Diary for Next Week

Parish Services and Events for Week commencing 11 Feb 2018

Sunday	8.00am	Holy Communion	StM
11 Feb	9.30am	Sung Eucharist	StM
	9.30am	Holy Communion	StP
Sunday Next Before Lent			
Monday			
12 Feb			
Tuesday			
13 Feb			
Wednesday	10.30am	Holy Communion with Imposition of Ashes	StM
14 Feb	8.00pm	Holy Communion with Imposition of Ashes	StM
<i>Cyril and Methodius, Missionaries to the Slavs, 869 and 885 Ash Wednesday</i>			
Thursday	8.00pm	Bellringing Practice	StM
Friday	7.00pm	Choir Practice	StM
16 Feb			
Saturday	10.00am	Open Church	StM
17 Feb	11.00am to 12 noon	Wedding Office	StM
<i>Janani Luwum, Archbishop of Uganda, Martyr, 1977</i>			
Sunday	8.00am	Holy Communion	StM
18 Feb	9.30am	Sung Eucharist	StM
	9.30am	Holy Communion	StP
First Sunday of Lent			

Evening Prayer is said most weekdays at St Mary's at 5.15pm

## St Mary's Churchwardens:

Norma Podmore: Tel 248535  
gnpodmore@hotmail.com

Roger Sygrave: Tel 266272  
rogersygrave@yahoo.co.uk

## St Paul's Churchwardens:

Rosina Gaddes 256405  
rosina.gaddes@gmail.com

## Team Rector:

The Revd Canon John Williams Tel:265272  
teamrector@hotmail.com

## Team Clergy:

Assistant Curate St Mary's and St Paul's  
The Revd Caroline Wainman Tel: 834291  
revcaroline@stmaryshemel.org.uk

St Albans, Warners End: The Revd Pete Stevenson Tel: 251897  
rev\_pete@onetel.com

St Barnabas, Adeyfield: The Revd Richard Graham Tel: 253681  
revrichardgraham@yahoo.co.uk

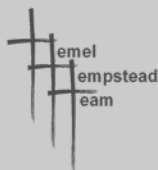
Church of The Resurrection, Grovehill & Woodhall Farm:  
The Revd Austin Janes Tel: 270585  
revaustin@sky.com

## Team Office:

Norma Howie: Tel 253977  
hemelpcc@btconnect.com

## Bulletin deadline:

Preceding Thursday lunchtime  
jeff.wallis@ntlworld.com Tel 391923.



The Parochial Church Council of St Mary and St Paul,  
Hemel Hempstead. Reg. Charity 1130644. www.stmaryshemel.org.uk  
Payments: Cheques should be made payable to "St Mary and St Paul PCC"